5mb B1 1.

A body movement training method comprising:

storing images of at least one trainer in a server;

providing mobile image communication between a trainee and a server;

taking at least one image of the trainee at a training or sport site;

searching the server for at least one of the images of said trainer with a corresponding movement to said image of the trainee based upon a request of the trainee sent from a mobile image communication terminal via the mobile image communication to the server;

sending said searched image of the trainer to the mobile image communication terminal via the mobile image communication;

displaying side by side said searched image of said trainer and said image of the trainee on the mobile image communication terminal,

wherein the mobile image communication is implemented by a mobile network system, and Internet.

- 2. A body movement training method according to claim 1, wherein the trainer is a coach or an instructor, and the images are displayed side-by-side on the same screen of the mobile image communication terminal without being overlapped for comparison and training.
- 3. A body movement training method according to claim 1, further comprising: sending said image of the trainee to the server for storing;

searching for images of the trainee as requested by the trainer through mobile image communication in the server; and

simultaneously displaying the searched images of the trainee to be compared and examined for difference between actions of the trainee.

4. A body movement training method according to claim 2, further comprising: sending said image of the trainee to the server for storing;

searching for images of the trainee as requested by the trainer through mobile image communication in the server; and

simultaneously displaying the searched images of the trainee to be compared and examined for difference between actions of the trainee.

- 5. A body movement training method according to claim 1, wherein one of the images of the trainer and the trainee comprises a set of moving frames, and the other of the images is a still image.
- 6. A body movement training method according to claim 2, wherein one of the images of the trainer and the trainer comprises a set of moving frames, and the other of the images is a still image.
- 7. A body movement training method according to claim 3, wherein one of the images of the trainer and the trainee comprises a set of moving frames, and the other of the images is a still image.
- 8. A body movement training method according to claim 4, wherein one of the images of the trainer and the trainee comprises a set of moving frames, and the other of the images is a still image.
- 9. A body movement training method according to claim 1, wherein said images of the trainee and of the trainer are taken at substantially the same place.

Al

- 10. A body movement training method according to claim 2, wherein said images of the trainee and of the trainer are taken at substantially the same place.
- 11. A body movement training method according to claim 3, wherein said images of the trainee and of the trainer are taken at substantially the same place.
- 12. A body movement training method according to claim 4, wherein said images of the trainee and of the trainer are taken at substantially the same place.
- 13. A body movement training method according to claim 5, wherein said images of the trainee and of the trainer are taken at substantially the same place.

- 14. A body movement training method according to claim 6, wherein said images of the trainee and of the trainer are taken at substantially the same place.
- 15. A body movement training method according to claim 7, wherein said images of the trainee and of the trainer are taken at substantially the same place.
- 16. A body movement training method according to claim 8, wherein said images of the trainee and of the trainer are taken at substantially the same place.
- 17. A body movement training method according to any one of claims 1 to 16, further comprising: taking at least one other image of the trainee at the training or sport site after the trainee is trained by a trainer; and displaying side-by-side said image of the trainee before the trainee is trained by the trainer and said image of the trainee after the trainee is trained by the trainer to demonstrate improvement.
- 18. A body movement training method according to any one of claims 1 to 16, wherein the displaying step includes displaying in at least one of the images of the trainer and the trainee is displayed a line or a grid serving as a reference demonstrate a degree of a body movement.
- 19. A body movement training method according to any one of claims 1 to 16, wherein the displaying step includes extracting in at least one of the images a basic line featuring moving parts of the trainee or the trainer for each frame contained therein so as to display a body movement with a plurality of basic lines.
- 20. A body movement training method according to any one of claims 1 to 16, wherein the displaying step includes displaying at lease one of letters and symbols requested by the trainer to make a training point.
- 21. A body movement training method according to claim 3, wherein the searched images of the trainee are taken at different places.